



On February 27th, the Washington DC VA Medical Center (DCVAMC) will engage women Veterans from all eras during an evening of health education, wellness, relaxation and rejuvenation. Ladies' Night will be held at the VA Medical Center on 50 Irving Street, NW in Washington, DC from 6 p.m. to 9:00 p.m. All women Veterans are invited to attend the free appreciation event in honor of their service to our nation.

Ladies' Night offers women Veterans the opportunity to visit DCVAMC to experience the cultural transformation. Ladies will engage and speak one-on-one with staff and community partners to learn about the many health and wellness programs, community resources and medical services provided by the VA Medical Center and its five Community Based Outpatient Clinics throughout DC, Maryland and Virginia.

The evening's events will also include: health screenings, flu shots and complementary alternative therapies such as Auricular Acupuncture, Reiki, seated-massage and the labyrinth as well as jewelry-making, food, fun, photos and music.

Women are the fastest growing Veteran population. The Washington DC VA Medical Center currently has almost 16,000 women enrolled for health care. This figure will continue to rise as women now make up over 13% of OEF/OIF/OND (Iraq and Afghanistan era) Veterans. According to Medical Center Director Brian A. Hawkins, "DCVAMC hosts Ladies' Night to afford women Veterans the opportunity to visit the medical center in a comforting environment where gender-specific information is readily available."



Women Veterans who would like to participate are encouraged to reserve their space by sending an email to: [Woman.veteran@va.gov](mailto:Woman.veteran@va.gov). Members of the media who wish to cover the event may contact the Office of Public Affairs, 202-745-4037.